### African Methodist Episcopal Church Fifth Episcopal District Lay Organization

## FIFTY-NINTH (59TH) ANNUAL SESSION FIFTH DISTRICT LAY MINI CONVENTION

March 11-12 2016 | Hilton LAX | Los Angeles, CA

# ssion on Hea Louise Welch, Cl

The Health Commission is to promote the health concerns of members of the AME Church. It shall advocate care as a light and not a p African Methodist Episcopal Church



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### **Committee Assignment/Activities**

- To promote wholeness of adults, youth and children of our congregations and communities, through services, programs and activities targeting the mind, body and soul.Enter here
- To promote wholeness of adults, youth and children of our congregations and communities, through services, programs and activities targeting the mind, body and soul.
- Education is important in understanding-which hopefully leads to healthy behavior, change and ways to cope with chronic problems.
- Our churches have worked very hard putting together workshops, community activities (health screenings) conference and conventions providing information to the community.

### Recommendations

None at this time

### Pertinent Issues Discussed, Findings, Conclusion, Etc.

- Outcomes Expected
  - Individuals are empowered:
    - To improve their own health and welfare
    - To work collaboratively with the church
    - To encourage members of the congregation to work collaboratively with other congregations
    - To improve our communities

### Milestone/Implementation Dates

 We have new congregations to join the Health Ministry in the 2015-2016 conference year. Praise God for their understanding of health education for everyone.

### **Committee Participants**

**59th Annual Session** 

Louise Welch, Chair